By Discovery Senior Living

April 2024

P Pool Fitness Center BB Legend's Bar & Bistro Library Lobby TH Theater

CR Club Room

Private Dining Room C Conference Room

PB Pickleball Courts

♪ Live Music ➡ Physical Wellness ♣ Resident Led Event

★ RSVP Required

\$ Fee

☐ Shuttle - RSVP Required † Spiritual Wellness

By Discovery Senior Living				-		0
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1/ 1 / 1111 1411	9:30	9:00 PB Pickleball IIII 9:45 F Morning Stretch III 10:00 F Fitness with H2 Health III 11:00 PB Pickleball Practice: Open Play III 12:00 P Aqua Fit: Walk & Move III 12:15 TH Tech Class 101: BYOD 7:00 TH Discovery Movie Nights	10:00 F Sit and Be Fit IIII 11:00 L Personal Errands Shuttle 11:30 F SilverSneakers III 1:00 PD Women's Bible Study † 2:00 CR Mexican Train 3:30 LI Hand & Foot Lessons ★ 4:00 BB Wine Down Wednesday with Live Music ♪ 6:30 BB Hand & Foot III	9:45 F Morning Stretch ++ 10:00 F Fitness with H2 Health ++ 12:00 P Aqua Fit ++ 1:30 TH Town Hall Meeting: All Residents Encouraged to Attend + 3:00 TH Bingo! \$1.50 4:00 BB You're the Contestant: Jeopardy 6:30 BB Hand & Foot	Dunkin Donuts♥	8:30 PB Advanced Pickleball IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII
7 10:00 L Church Shuttle 10:30 TH First Baptist Church Virtual Worship Service 1:30 L Personal Errands Shuttle 2:00 L Bridge 3:00 CR Mexican Train	9:30 Personal Errands Shuttle 10:00 Sit and Be Fit 10:00 Sit and Be Fit 10:00 SilverSneakers: Classic Fit 10:00 PD The Great Courses: Resident Led 20:00 Discussion Based Group 10:00 Shopping Shuttle 20:15 TH 4 Ways to Win Bingo \$1.00 \$1:00 Signal Shake it Up Craft Cocktail Class 10:00 Signal Rummikub 10:00 Signal Shake Signal Shake Signal Sign	9:00 PB Pickleball IIII 9:45 F Morning Stretch III 10:00 F Fitness with H2 Health III 12:00 P Aqua Fit: Walk & Move III 12:15 TH Crafts by Design: Alcohol Ink Coasters 2:00 BB Wii Bowling Leagues III 7:00 TH Discovery Movie Nights	10:00	9:45 F Morning Stretch + 10:00 F Fitness with H2 Health + 12:00 P Aqua Fit + 1:00 TH Celebrations Planning Meeting 2:15 TH Bingo! \$1.50 4:00 LI Knitting & Crochet Interest Group 4:00 BB You're the Contestant: Wheel of Fortune 6:30 BB Hand & Foot	11:00 CR Bring on Your Best Self with Mary Kay 11:30 F SilverSneakers: Classic	8:30 PB Advanced Pickleball (-) 10:30 LI Fresh Flowers 11:00 LI Coffee & Chess & 11:30 L Lunch at Capital Tacos (-) 12:00 P Outdoor Games (-) 12:00 BB Wii Bowling Leagues (-) 2:15 TH Bingo! \$2.00\$ 7:00 TH Discovery Cinema
	9:30 Personal Errands Shuttle 10:00 Sit and Be Fit 11:00 Discovery Walkers: Outdoor Walking Group 1:00 SilverSneakers: Classic Fit 1:00 Discovery Walkers: Outdoor Walking Group 1:00 Discovery Walkers: Outdoor Walking Group 1:00 Discovery Walkers: Classic Fit 1:00 Discovery Walkers: Outdoor Walking Group 1:00 Discovery Walkers: Outdoor Walking 1:00 Discovery Walkers: Outdoor Walkers: Outdoor Walking 1:00 Discovery Walkers: Outdoor	9:00 PB Pickleball + 9:45 F Morning Stretch + 10:00 F Fitness with H2 Health + 11:00 PB Pickleball Practice: Open Play + 12:00 P Aqua Fit: Walk & Move + 12:15 TH Tech Class 101: BYOD 2:00 BB Wii Bowling Leagues + 7:00 TH Discovery Movie Nights	17 10:00	9:45 F Morning Stretch + 10:00 F Fitness with H2 Health + 12:00 P Aqua Fit + 12:00 TH Lunch & Learn: Fall Prevention ★ 12:00 BB You're the Contestant: Who Wants to Be a Millionaire 2:15 TH Bingo! \$1.50 6:30 BB Hand & Foot	10:00 Canastat	8:30 PB Advanced Pickleball + 10:30 LI Fresh Flowers 11:00 LI Coffee & Chess & 12:00 P Outdoor Games & 12:00 BB Wii Bowling Leagues & 2:15 TH Bingo! \$2.00\$ 6:00 L Jax Sharks vs. Vegas Knight Hawks & 7:00 TH Discovery Cinema
10:00 L Church Shuttle ☐ 10:30 TH First Baptist Church Virtual Worship Service ↑ 1:30 L Personal Errands Shuttle ☐ 2:00 L Bridge ♥ 3:00 CR Mexican Train	9:30 L Personal Errands Shuttle ☐ 10:00 F Sit and Be Fit → 1:00 F SilverSneakers: Classic Fit → 1:00 PD The Great Courses: Resident Led & Discussion Based Group ♥ 1:30 L Shopping Shuttle ☐ 2:15 TH 4 Ways to Win Bingo \$1.00\$ 3:30 BB Shake it Up Craft Cocktail Class ★ 5:30 TH Passover: Seder Service ★ 6:45 BB Rummikub ♥	9:00 PB Pickleball + 9:45 F Morning Stretch + 10:00 F Fitness with H2 Health + 11:00 TH Bunco \$3.00 + 12:00 P Aqua Fit: Walk & Move + 12:15 BB Crafts by Design: River Rock Painting 2:00 BB Wii Bowling Leagues + 7:00 TH Discovery Movie Nights	10:00 CR Jewelry Repair with Carol 10:00 F Sit and Be Fit 11:00 L Personal Errands Shuttle 11:30 F SilverSneakers 1:00 PD Novel-Tea Book Club 1:00 TH Women's Bible Study † 2:00 CR Mexican Train 3:30 L Hand & Foot Lessons 4:00 BB Community Birthday Celebration! 6:30 BB Hand & Foot	9:45 F Morning Stretch 1-1-10:00 F Fitness with H2 Health 1-1-11-11-11-11-11-11-11-11-11-11-11-11	11:30 F SilverSneakers: Classic Fit	8:30 PB Advanced Pickleball 1-10:30 II Fresh Flowers 11:00 II Coffee & Chess 1-12:00 P Outdoor Games 1-12:00 BB Wii Bowling Leagues 1-1:00 TH Bingo Bonanza! \$5.00\$ 7:00 TH Discovery Cinema
	9:30 L Personal Errands Shuttle A 10:00 F Sit and Be Fit ++ 11:00 L Discovery Walkers: Outdoor Walking Group ++ 1:00 F SilverSneakers: Classic Fit ++ 1:00 PD The Great Courses: Resident Led &	9:00 PB Pickleball ↔ 9:45 F Morning Stretch ↔ 10:00 F Fitness with H2 Health ↔ 11:00 PB Pickleball Practice: Open Play ↔ 11:30 G Ambassador Meeting 12:00 P Aqua Fit: Walk & Move ↔ 12:15 TH Tech Class 101: BYOD 2:00 BB Wii Bowling Leagues ↔ 5:30 Jax Jumbo Shrimp vs. Scranton Wilkes Barre Railriders 🖨				

3:30 BB Shake it Up Craft Cocktail Class ★

6:45 BB Rummikub ₺

7:00 THE Discovery Movie Nights